

The Lullaby Trust Professionals Newsletter September 2020



The Lullaby Trust received grant funding from London Community Response Fund to produce some new safer sleep animations.

Text free animation

We have produced a text free animation that includes all the main elements of our safer sleep advice for parents and family members who don't speak English as their first language or have low literacy. We hope this resource will be useful for all families, but particularly for those where leaflets or videos with text are not suitable. Please watch the text free animation [here](#).

We have also created animations on the three safer sleep topics on which we receive the most enquiries:

- [Summer safety](#) - advice on keeping babies safe when the weather is hot
- [Sleep position](#) - covers what to do when babies start to roll
- [Bedding](#) - advice on what basics a baby needs for safer sleep and how to choose the right mattress.

If you like further information on these resources please email:
communications@lullabytrust.org.uk.



National Child Safeguarding Practice Review Panel's review into SUDI

A report from the National Safeguarding Practice Review Panel, **Out of Routine: A Review of sudden unexpected death in infancy (SUDI) in families where the children are considered at risk of significant harm**, highlights that safer sleep is not always simple for families to follow. The Lullaby Trust welcomes the report and will consider the review in detail as we plan our future strategy.

Read The Lullaby Trust's statement on the report [here](#) and the full review [here](#).

Safer Sleep Advice for Premature Babies Leaflet

Babies who are born prematurely (before 37 weeks) or of low birth weight (under 2.5kgs) are particularly vulnerable to SIDS and it is important that all safer sleep advice is followed. Our **Safer Sleep Advice for Premature Babies Leaflet** is now available to buy from our online [shop](#) and is still free to download [here](#).



Little Lullaby

Thanks to funding from the National Lottery we are pleased to be relaunching Little Lullaby, our service for young parents under the age of 25. The Little Lullaby website and social media channels form an online community where young parents can share advice, tell their story, and support each other.

Do you know a young parent who would be interested in being part of our Little Lullaby Young Parent Panel? The Young Parent Panel is a group that meets to advise and feedback on Little Lullaby's activities and resources to ensure they are relevant and young parent led. There are also opportunities for young parents to get involved by writing or recording

blogs/vlogs on their experiences or participating in social media takeovers. Please contact: info@littlulullaby.org.uk if you would like further details

Follow us on social media

The Lullaby Trust is now on [Instagram](#). Follow us to see regular safer sleep tips, stories from bereaved parents and fundraising news. You can also follow us on [facebook](#) and [twitter](#).

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The Lullaby Trust (registered charity number 262191)

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