

Thank you for signing up to the Nottingham Clean Champion scheme. If you are carrying out litter picking as part of the scheme, please follow the guidance below to ensure the activities are kept safe. Remember you have a responsibility to keep yourself and those with you free from harm and don't put them at risk. If you have children with you, you are responsible for their safety.

- To carry out litter picking safely please always wear the high visibility vest and gloves provided and use the litter picker to pick up any litter.
- Consider the weather and wear appropriate clothing. For example if it's sunny wear a hat and use sunscreen. Wear clothing to protect your arms and legs from brambles/nettles. Always wear sensible footwear, not sandals.
- Consider any dangers from the area where picking. Please do not litter pick near busy roads, water courses or in secluded or dark areas. Remember to let others know where you are and have the means to raise the alarm in an emergency.
- Do not kneel or lean on an area of ground that has not been litter picked.
- Handle all litter with care - be observant as there could be sharp or dangerous objects concealed in waste piles.
- Please do not attempt to clear hazardous waste such as dog fouling, glass or needles, or suspected asbestos material. Please report these on your Nottingham Clean Champions hotline.
- Change waste bags regularly and do not attempt to lift any heavy waste. Larger waste items must be reported on your Nottingham Clean Champions hotline.
- When handling bagged waste, consider how it is handled, always hold the bag away from your legs and body to minimise the risk of injury from sharp objects. Never carry bags over your shoulder.
- When you have filled a bag, tie it securely. Bags should be left in clearly visible piles to reduce the risk of trips and falls. The customer services number for the litter you collect is 0115 8765079 or report it online at <https://www.nottinghamcity.gov.uk/report-it/>
- Always be mindful of your own limitations. Do not over exert yourself – change position frequently when you are litter picking and change hands. Varying your position will put less strain on your back.
- Do not challenge any anti-social behaviour, if any witnessed make a note and contact the Nottingham Clean Champions team on 0115 8765752.