



Nottingham City
Clinical Commissioning Group

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Thursday 9 November 2017

Matt Gregory
Planning Policy and Research Manager
Planning Services
Nottingham City Council
Loxley House
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[REDACTED]

Dear Mr Gregory,

RE: the Nottingham Local Plan policy LS1 section (g) on page 129
<http://www.nottinghamcity.gov.uk/revisedpublication>.

I am writing to respond to the consultation about Planning Policy LS1 section (g) on page 129 of the Plan

We know that between 2011 and 2016 children in Year 6 (10 to 11 year old) in Nottingham had the highest prevalence of obesity in the East Midlands¹ (Figure 2) and that this is likely to have an influence on the length and quality of their lives. Obesity can cause serious health and well-being issues such as diabetes and we want to support our families to make the changes that they need to reduce the risk of their children becoming obese and to help those who have become obese to reduce their risks.

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Figure 2

Area	Value	Lower CI	Upper CI
England	19.2	19.2	19.3
East Midlands region	18.5	18.3	18.6
Derby	20.8	20.1	21.5
Derbyshire	17.5	17.1	17.9
Leicester	21.5	20.9	22.1
Leicestershire	16.3	15.9	16.7
Lincolnshire	19.5	19.1	20.0
Northamptonshire	17.7	17.3	18.1
Nottingham	22.5	21.8	23.2
Nottinghamshire	17.4	17.0	17.7
Rutland	14.3	12.6	16.3

Source: NHS Digital, National Child Measurement Programme

¹ Public Health England Accessed 20/10 2017

<https://fingertips.phe.org.uk/search/children%2011%20years#page/3/gid/1/pat/6/par/E12000004/ati/102/are/E06000018/iid/20601/age/200/sex/4>

Our Nottingham Health and Wellbeing Strategy was approved together with 4 Action Plans at the Health and Wellbeing Board meeting on 28th September 2016 see Appendix 2 and <http://www.nottinghamcity.gov.uk/health-and-social-care/adult-social-care/looking-after-yourself-and-keeping-healthy/health-and-wellbeing-board/>

One of these action plans, the Healthy Lifestyles plan, aims to support people to have: - *“a healthy and nutritious diet, be physically active to a level which benefits their health, and be able to maintain a healthy weight.”* In this respect, one of the metrics in the Healthy Lifestyles plan is to: *“Reduce the percentage of children aged 10-11 yrs. with excess weight to the top 4 Core Cities average (PHOF 2.06ii)”* It contains a specific action related to hot food takeaways: *“Action to control the density of unhealthy food outlets including fast food takeaways.”*

Another of the four Action Plans: - the Environment Action Plan - has the Priority Outcome:
“Nottingham’s Environment will be sustainable; supporting and enabling its citizens to have good health and wellbeing including good air quality, parks and open spaces, active travel, housing and the built environment”.

This Environment Action plan seeks to develop the built environment in Nottingham in ways that will support citizens to lead healthy lifestyles and minimise the risk of negative impact upon their wellbeing. A specific part of this is for us to control the impact of planning decisions upon health and wellbeing and we are keen to realise the health benefits of limiting the number of hot food takeaways near secondary schools, as this will help families to reduce access to high calorie food intake that can contribute to overweight and obesity.

This is an important part of our overall Health and Wellbeing Strategy and the National Planning Policy Framework requires the Local Plan to support strong, vibrant and healthy communities as an integral part of sustainable development.

We are therefore supportive of the Planning Policy LS1 section (g) on page 129 of the Plan. <http://www.nottinghamcity.gov.uk/revisedpublication> and congratulate the Local Authority in taking this step as part of our wider strategic efforts to improve the health and wellbeing of the population and particularly in areas of deprivation.

Yours sincerely



Dr Hugh Porter. GMC 3239896
Clinical Lead and Chair of the Governing Body
Nottingham City Clinical Commissioning Group

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