



Nottingham
City Council

Served by a helping hand

Meals at home is a service provided by Nottingham City Council to residents across Nottingham City. The service includes a range of hot and frozen meals delivered straight to the home.

All meals are prepared to strict hygiene and nutritional standards. All dietary requirements can be catered for and a tasty variety of different religious and cultural cuisines are available in addition to traditional dishes.

The frozen and hot meal service is extremely flexible, orders can be changed on a weekly basis and a variety of payment options are available.

Frozen meal service

Choose from a wide variety of frozen pre prepared meals that will be delivered on a weekly basis. The delivery team will ensure that meals are properly stored and these can be reheated straight from frozen at any time, providing a delicious hot meal in the home.

Frozen meal orders can be tailored to suit you allowing you to pick certain dishes or in a variety of different packages to suit a range of budgets. Meal packs are available in 4, 5 or 7 day packages. All containers are suitable for microwave and conventional ovens.

Hot meal service

The hot meal service is provided to residents who require hot ready to eat meals delivered to their door. Meals include a choice of main dishes and desserts, sandwiches, salads and cakes from a 5 weeks rolling menu that provides variety and value for money.

Through the hot meals service, Nottingham City Council provide the added reassurance that each dedicated member of staff has a duty of care to ensure that each recipient is safe, comfortable and benefits from regular engagement with the team.

When visiting residents, our trained staff follow strict procedures to look after the wellbeing of residents, liaise with emergency contacts and next of kin and the team have direct access to local care and emergency services.

Family and friends

If you are considering using the meals at home service for a friend or relative simply get in touch with the team using the contact details below. Our friendly staff are on hand to provide you with information and support in setting up this service and ensuring that your loved one receives the right package for them.

The meals at home team will always liaise directly with a dedicated contact wherever required, giving you peace of mind as the first point of contact.

Fish Dishes

Fish in Crumbs
Fish in Cheese Sauce
Fishcakes in Parsley
Fisherman's Pie
Fish in Parsley Sauce

Chicken and Turkey Dishes

Chicken & Vegetable Pie
Chicken Casserole
Chicken in Mustard Sauce
Chicken Supreme and Rice
Sliced Chicken
Sliced Turkey

Beef Dishes

Beef & Kidney Pie
Beef & Onion Pie
Beef & Veg Pie
Beef Grill in Mustard
Beef Stew
Corned Beef Hash
Corned Beef Pie
Cottage Pie
Minced Beef & Dumplings
Minced Beef & York Pudding
Minced Beef Pie
Pasta Bolognese
Sliced Beef

Pork Dishes

Liver and Onions
Meatballs
Pork & Veg Casserole
Pork Burger
Sausage Mash & Beans
Sausage in Onion Gravy
Sausagemeat Pie
Sliced Gammon in BBQ Gravy
Sliced Pork

Lamb Dishes

Lamb Grill
Lamb Hotpot
Minced Lamb & Dumpling
Shepherd's Pie

Vegetarian Dishes

Cauliflower & Broccoli Bake
Cheese & Potato Pie
Cheesy Bake
Macaroni Cheese
Pasta Leak Mornay
Sweet and Sour Quorn
Veg Bolognese Pasta
Veg Cottage Pie
Veg Curry
Veg Sausage
Vegetarian Lasagne

Halal Meals

Chicken and Saag
Chicken Korma
Chicken Madras
Chicken Tikka Masala
Lamb and Daal
Lamb and Potato
Lamb Balti
Lamb Karahi

Vegetarian Asian Meals

Aloo Gobi Peas with Rice
Aloo Saag with Rice
Cauliflower and Aubergine with Rice
Vegetarian Masala with Rice

Afro Caribbean Meals

Chicken - Brown Stew Chicken Rice & Peas
Chicken - Jerk Chicken Rice & Peas
Chicken - Spicy Fried Chicken Rice & Peas
Chicken Curry & white rice
Lamb - Brown Stew Lamb Rice & Peas
Mutton Curry & white rice

Hot dinner and hot pudding £5.55 delivered.

Afro-Caribbean meal from ACNA Centre (no pudding) - £6.05 Must be ordered 48h in advance.



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Hot desserts

Sponges

Almond Sponge
Apple Sponge
Chocolate Sponge
Coconut Sponge
Coffee Sponge
Ginger Sponge
Jam Sponge
Sticky Toffee
Sultana Sponge
Vanilla Sponge

Pie

Apple & Blackberry Pie
Mincemeat Pie
Rhubarb Pie

Crumbles

Apple & Apricot Crumble
Apple & Strawberry Crumble
Apple Crumble
Rhubarb Crumble

Rice pudding

Rice Pudding

Tarts

Bakewell Tart
Coconut Tart

Other

Assorted Fruit in Custard

Hot dinner and hot pudding £5.55 delivered.

Cold desserts

Cold Desserts

Bramley Apple Pie & Cream
Manchester Tart
Sultana Cheesecake
Chocolate mousse
Strawberry Mousse
Cheese & Biscuits

Fruits

Apple
Banana
Orange
Pear

Cakes

Almond Slice
Carrot Cake
Cherry Slice
Chocolate Squares
Farmhouse Square
Fruit Scone
Lemon Squares

All cold desserts or fruits can replace hot desserts on request.

Cold dessert can be delivered as addition to the hot dinner - 80p each.

Meals at Home
Willow Road Depot
Willow Road
Nottingham
NG7 2TA

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mealsathome@nottinghamcity.gov.uk

www.nottinghamcity.gov.uk/mealsathome

1st November 2020



Meals at Home



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Sandwiches

Brown Topside Beef Horseradish & Salad
White Cheddar Cheese Slices
White Sliced Cheddar & Tomato
White Cheese Savoury
White Sliced Cheddar & Onion
Brown Cheddar Cheese Slices
Brown Cheese Savoury
White Coronation Chicken
White Chicken Breast
White Chicken Mayonnaise
Brown Chicken Breast
Brown Chicken Mayonnaise
White Free Range Egg Mayonnaise
Brown Free Range Egg Mayonnaise
Brown Free Range Egg Mayonnaise & Tomato
White Wiltshire Ham
Brown Wiltshire Ham
Brown Poached Salmon & Cucumber Sandwich
White Tuna Mayonnaise
Brown Tuna Mayonnaise

All sandwiches - £1.40 Sandwiches, bread and milk can be only delivered in addition to dinner.

Soft meals

Minced Beef in Gravy with Mashed Potato and Swede
Minced Chicken in Gravy with Mashed Potato and Swede
Minced Lamb in Gravy with Mashed Potato and Carrots

Soft (minced) meals with soft pudding (sponge in custard, rice pudding etc.) - £5.55

Bread

White Sliced Loaf
Wholemeal Sliced Loaf

Bread - £1.35

Milk

Skimmed Milk
Semi-skimmed Milk
Whole Milk
1pt, 2pts and 4pts containers

1pt - 60p
2pt - £1.10
4pt - £1.60

Salads

Cheese Salad
Wiltshire Ham Salad
Free Range Egg Mayo Salad
Poached Salmon Salad
Chicken Salad

Salad £5.15 on its own or can be delivered instead of hot dinner (with cold dessert, cake or a fruit-£5.55).

Pureed meals (IDDSI Level4)

Pureed Chicken with Gravy and Pureed Potato, Broccoli and Carrots
Pureed Cottage Pie with Pureed Peas, Cauliflower and Carrots
Pureed Lamb with Pureed Potato, Swede and Broccoli
Pureed Pork with Gravy (Roast) with Pureed Potato, Peas and Swede

Pureed meals - £5.55 (no pudding)

Meals at Home

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The following frozen meal packs are now available

Favourites Pack

7 meals and 7 desserts for £22.90

Beef & Kidney Pie	Apple Crumble
Chicken & Veg Pie	Apple & Blackberry Pie
Minced Lamb & Dumpling	Assorted Fruit & Custard
Sausage in Onion Gravy	Orange Sponge
Shepherd's Pie	Sticky Toffee Sponge
Sliced Beef	Sultana Sponge
Sliced Pork	Vanilla Sponge

Roast Dinners Pack

4 roast dinner meals and 4 desserts for £15.30

Roast Beef in Gravy	Apple & Blackberry Pie
Roast Pork in Gravy	Sticky Toffee Sponge
Roast Chicken in Gravy	Apple & Strawberry Crumble
Roast Turkey in Gravy	Vanilla Sponge

Economy Pack

5 meals and 5 desserts for just £15.50

Chicken Casserole	Apple & Blackberry Pie
Corned beef Pie	Rice Pudding
Fishcakes	Sticky Toffee Sponge
Sausage Mash & Beans	Sultana Sponge
Shepherd's Pie	Vanilla Sponge

Vegetarian Pack

7 meals and 7 desserts for £21.90

Meal Pack 1 at £21.90

Chicken Casserole
Fishcakes
Lamb Hotpot
Minced Beef Pie
Minced Lamb & Dumpling
Sausage Mash & Beans
Sliced Chicken

Apple & Blackberry Pie
Apple Crumble
Apple Pie
Rice Pudding
Sticky Toffee Sponge
Sultana Sponge
Vanilla Sponge

Meal Pack 2 at £21.90

Beef & Kidney Pie
Beef Stew
Chicken & Veg Pie
Chicken Casserole
Pork & Veg Casserole
Shepherd's Pie
Sliced Pork

Apple & Apricot Crumble
Apple & Blackberry Pie
Apple Crumble
Rice Pudding
Sticky Toffee Sponge
Sultana Sponge
Vanilla Sponge

Meal Pack 3 at £21.90

Chicken & Veg Pie
Meatballs
Minced Beef & Dumpling
Sausage Mash & Beans
Shepherd's Pie
Sliced Beef
Sliced Chicken

Apple & Blackberry Pie
Apple & Strawberry Crumble
Apple Crumble
Rice Pudding
Sticky Toffee Sponge
Sultana Sponge
Vanilla Sponge